

COMING
June 1. 2007

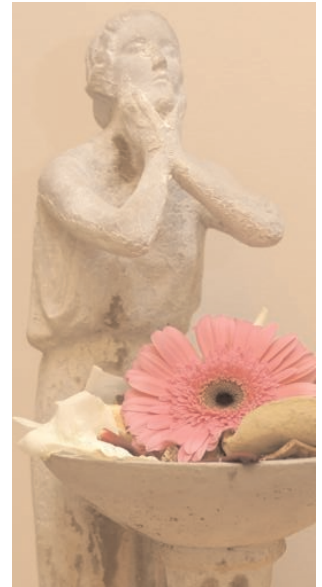
THE BEST OF TWO WORLDS

Ayus Lomi Massage-
A unique whole
body treatment for
absolute well being

This fascinating holistic Spa treatment boosts your well being and your zest for living in a unique way. Exotic fragrances, warm oil on your forehead, and sensitive hands massage your face, decollete and body. With Ayus Lomi you experience a fascinating treatment combining the principles of Ayurveda with Hawaiian Lomi Lomi Nui Massage.

Depending on your Dosha Type, your personal massage is mixed from various essential extracts and pure oils. After two and half hours of intensive treatment you will feel total deep relaxation that gives you new energy, strength, balance and skin radiance.

Treatment time: Two and half hours Price £100



INTRODUCING

LCN SPA HAND, FOOT and NAIL CARE

LCN Spa Hand and Nail Care is a new range of quality hand and foot care products which we at Tamarind feel rival any well known brand. With exotic plant ingredients sourced from tropical Asia where a holistic attitude to health and beauty are a part of everyday life, LCN Spa brings a new concept in wellness experience for hands and feet. Beautiful natural ingredients such as water lily, white tea, orchid and aloe vera combine to desensitise, regenerate, soothe and moisturise the most abused hands and feet.

Choose from: A 45 minute prescriptive Manicure or Pedicure - £30.00 - our natural nail programme tailor made to suit your requirements.

A 'quick fix' 20 minute Express Manicure or Pedicure £15.00 -

a simple shape and polish (great combined with a facial or other treatment).

A Tamarind Spa Manicure or Pedicure - £45.00 - Our signature wellness experience including warm oil massage, warm stone and a mask application for a heavenly 75 minutes of pampering.

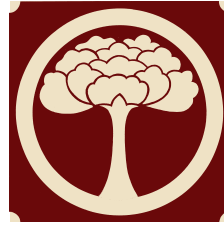
All treatments include a complimentary bottle of LCN nail polish.

Anita and Claire are still teaching courses at the Burgess Hill Adult Education Centre. If you are interested in studying for a City and Guilds Level 2 diploma in Beauty Therapy, as well as City and Guilds Courses in Waxing and Manicure/Pedicure, new courses will start in September 2007.

Anita and Claire also teach CIBTAC accredited courses in-house at the Sussex Beauty Training School and host post-graduate training with guest lecturers in La Stone, Ayurvedic Techniques and Indonesian Massage to name but a few.

Visit the website: www.sussexbeautytraining.com for more information

Barbara our sports massage therapist is offering courses of sports massage treatment: An ideal Fathers Day present. Half hour sessions are £22.00 one hour £38.00. Book a course of six and only pay for five sessions. Barbara also offers Indonesian Massage and Reiki



Introducing our unique... Tamarind Signature

Tamarind have been searching for a unique facial treatment to compliment their philosophy that draws on natural holistic concepts to harmonise and indulge the skin giving proven results of vitality and beauty. At last they have found what they have been looking for!..... Welcome to our Biodroga Spa Sensation treatment - Royal Aquamarine Facial with Golden Caviar.

ROYAL AQUAMARINE FACIAL with GOLDEN CAVIAR

Biodroga is a German company originating from Baden Baden a Spa town famous for its Spa culture, (and more recently the WAGS antics at the 2006 World Cup). Biodroga has maintained Baden Baden's Spa traditions within their product and treatment range for over 45 years. Quality is their foremost concern. With product ingredients sourced from carefully inspected natural raw materials, combined with biotech ingredients, the products give optimal performance and results. The Spa sensation range of products and treatments is a wellness philosophy of consummate quality, combining European Spa traditions, American body and fitness consciousness and Asian spirituality to indulge the skin and cultivate the soul.

The Treatment

Leave the hectic everyday routine behind you. Forget work and family for a moment. Enjoy a feeling of total relaxation and let yourself be pampered



Aquamarine is a crystal. According to legend, it originally came from the treasure chests of mermaids. It is said that the gemstone's powers only truly unfold when it is placed in water and touched by the rays of the sun. It is a symbol of eternal love, purity and harmony. Embedded in our silky soft facial your skin draws strength, beauty and well being.

Your facial begins with a cleanse followed by Micro-dermabrasion - an intensive peeling treatment that actively supports your skin's cell renewal and skin circulation. Fine ground aquamarine and quartz sand give a gentle yet effective 'hands-on' exfoliation improving the appearance of fine lines, pigmentation and sluggish skin. The Royal Aquamarine Formula is then applied. This contains Wild indigo Extract - an ayurvedic herb that gently stimulates the formation of endorphins in the skin, making it 'happy'. It also gives skin added strength and radiance. Green algae dramatically improves the skin's ability to retain moisture, and licorice root extract protects and relieves redness and irritation. Combined with a shoulder massage using comforting warm stones and a cool quartz wand pressure point massage on the face and neck, your skin's metabolism will be balanced and muscles relaxed and rested.

The application of Golden Caviar Mask or Power Formula Mask improves the radiance and vitality of the skin. Whilst you are savouring this moment of luxury a beautiful massage of the arms, hands and feet induces complete tranquility. The option of the application of Biodroga self tanning for the face and tinted moisturiser ensures you leave the Salon 'glowing with inner and outer radiance. **Offer price for a 75 minute treatment £45 RRP: £60.00** Biodroga Retail products are also competitively priced and can be purchased from us