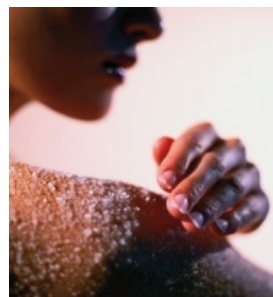




Well, Summer is creeping up fast, and there is no better way than to prepare our body with our Super Sweet Summer Skin Retreat! This is the perfect Summer outfit preparation.



...It includes a signature full body brush, a back, hand and foot glow exfoliation, Full Body Moisturising and an express Toe nail shape and paint. A 90 minute treatment for £50.

Offer ends July 31

Father's Day is approaching fast and 'boy', do they like to feel special... Some of our Mens' treatments includes....

The Back Buff - A 25 minute back cleansing exfoliation and deep back massage: £25.00

Sports massage - For those specific aches and pains: 25 mins. £25.00
55 mins. £42.00

The Express Relax - A perfect gift for the man on the go who needs a little boost: Includes a hot towel cleansing facial and deep back neck and shoulder massage: Treatment time: 55 mins. £42.00

SHE SELLS SEA SHELLS

Our NEW SUMMER massage treatment is our beautiful Warm Lava Shell massage



INTRODUCTORY OFFER

A 25 minute Lava Shell back massage: £25 (usually £30)

A 60 minute Full Body Lava Shell Massage: £45 (usually £67)

Lava Shells homecare kit: £ 25 (usually £29)

Offer ends June 15 2009

FACTS ON LAVA SHELLS

- Our Lava Shells are the world's first self-heating massage tool!
- Each Lava Shell is 100% natural. They are real Tiger Clam Shells found in the Philippines where they are part of everyday diet
- The wasted shells are recycled and smoothed so that we can turn what is previously used as waste to a 'Gem of the Ocean' that everyone can enjoy
- Lava Shells work using a sachet we place inside that contains dried sea kelp and algae. Salt water is added to produce an exothermic reaction, creating a wonderful heat that provides continuous heat for up to 2 hours.
- None of the ingredients are toxic, and all ingredients are bio-degradable and environmentally friendly.
- Each beautiful and unique shell provides a deeply comforting heat for your massage.
- The shells are also available in a homecare kit so you can continue to enjoy the benefits at home as well as making a wonderful birthday or special occasion gift.

OUR
'TASTER
DAYS'

THEY'RE BACK BY POPULAR DEMAND

This is the chance for you and your friends and family to experience treatments you have never tried before!

Take advantage of our great value 50 minute 'Taster Sessions' for £20.00



HAWAIIAN LOMI LOMI MASSAGE

A relaxing, nurturing full body massage

SPORTS MASSAGE

Great for those tension areas

INDONESIAN MASSAGE

A releasing eastern massage using pressure points and long deep moves to work on the bodies meridians, releasing any emotional and physical blockages

TAMARIND STONE MASSAGE

A great comforting massage using hot and cold stones to balance and relax the body

AYURVEDIC DOSHA MASSAGE

A tailor made massage to suit your constitution and balance your body type

Taster dates are:

Mon. May 11 Tues. May 12
Mon. June 15 Tues. June 16
Mon. July 13 Tues. July 14

Come on, Escape from the ordinary...

...with our regular Chill out evenings. Have fun with easy relaxation techniques, meditation, natural remedies, dietary advice and a nice cup of tea!

Starts Wednesday May 6 7.30 - 9.30 Cost £40.00 for 6 weeks

CALL US TO BOOK YOUR PLACE!



Introducing

CACI Hydratone

Intensive skin Hydration and face firming in just 10 minutes



Hydratone is a New treatment attachment to our CACI machine that existing and new clients can reap the benefits. It produces immediate skin hydration and skin firming benefits. The Hydratone combines active micro current rollers with a unique electrically conductive gel mask that has been infused with collagen, hyaluronic acid, and vitamins C and E. The whole face is rejuvenated with energy and fine lines are softened.

INTRODUCTORY OFFER

- Stand alone 30 min. Hydratone treatment £30.00
- As part of an existing 60 minute CACI treatment: £52.00 (*usual price: £70.00*)
- Course of 10 CACI Hydratone treatments: £470.00

HYDRADERMIE OFFER

Enjoy our Special Offer with Sarah until May 30

Hydradermie: £35 (*Usually £46*) Hydradermie and Hydra Lift: £60 (*Usually £74*)