



TAMARIND

'An escape from the ordinary'



TAMARIND'S philosophy is to provide an escape from the ordinary, combining excellence in holistic and specialised beauty and body treatments.

We pride ourselves on being a smaller Salon, focusing on personal customer service and attention to detail.

Let us restore your natural balance by detoxifying your body, hydrating and purifying your skin, relaxing tired muscles, rejuvenating and balancing body, mind and spirit.

TAMARIND takes its name from the exotic Tamarind Tree - a large symmetrical spreading tree noted for its medicinal virtues. Every part of the Tamarind Tree can be used to bring renewed life, protection and balance to the body.

IMPORTANT TIPS TO ENHANCE THE TAMARIND EXPERIENCE

ANY TREATMENT CAN BE BOOKED AS A COURSE (unless stated otherwise)

Most clients find it convenient to book a course of six treatments, whereby they pay for five and receive the sixth free.

If you intend to visit on a regular basis, this is a worthwhile saving.

BOOKING AND CANCELLATION POLICY

To secure appointments, a credit card deposit will be required at the time of booking. Please note that we require 24 hours notice to cancel or re-schedule appointments, otherwise a 50% charge will be made.

LOYALTY BONUS SCHEME ON RETAIL PURCHASES

For every £12 spent on product purchases, we issue a bonus point.

Collect points to certain monetary values to redeem against a complimentary product of your choice or specific treatments.

GIFT VOUCHERS

If you are thinking of treating family or friends to a well deserved pampering. They are valid for six months.

OPENING HOURS - BY APPOINTMENT





THE TAMARIND HOLISTICS

Tamarind Relaxology Body Treatment 70 mins £47.00
Our signature body treatment. Using Tisserand Aromatherapy products it includes a body brush exfoliation, full body and head massage, and the application of Lavender and Bergamot Body Butter to leave you feeling balanced, relaxed and revitalised with superb soft skin.

Tamarind Total Wellbeing Treatment 60 mins £45.00
Another signature treatment – our most popular gift for men and women - combining a stress relieving back neck and shoulder massage with a balancing facial cleanse and massage.

La Stone Therapy 75 mins £67.00
45 mins £45.00

The Original Hot Stone Therapy – This is a deep 75 minute massage involving the application of hot and cold stones to the body. This stimulates the circulatory system, relaxes and releases toxins from the muscles as well as inducing a deep state of relaxation, relieving pain and creating a feeling of peacefulness and spiritual well-being. Our ‘quick fix’ 45 minute treatment is tailor-made to your specific needs at the time of booking – ideal for those times of need!





Indonesian Massage

75 mins £67.00

45 min £45.00

This 75 minute treatment uses compression techniques that clear energy lines, boosting circulation, balancing the whole body and restoring vitality. Indonesian massage uses dry massage techniques followed by warming oil, allowing stronger penetration deep into the muscles and tissues, using the therapist's body weight and energy in a unique way. This powerful well-being massage definitely has the WOW factor. Our 45 minute treatment is popular with men and women in need of a deep tissue massage on stressed areas.

Indian Head Massage

45 mins £37.00

A relaxing massage of the scalp, head and neck and shoulders using warmed oils and ancient Indian massage techniques to help relieve stress and tension

Hopi Ear Candles

45 mins £37.00

This treatment soothes pressure and pain in the ears and head, is helpful in giving relief from earache, migraine, tinnitus, sinusitis, stress and nervousness. Furthermore, the whole treatment brings a wonderful sense of relaxation.

Tamarind Full Body Massage

55 mins £40.00

Great, old faithful, pure relaxation

Tamarind Back, Neck & Shoulder Massage

25 mins £25.00

A classic treatment, tailored to your needs to help deal with the everyday stresses and strains





THE PACKAGES

Spirit 2½ hours £110.00

A Lulur or Boreh Indonesian Body treatment, beginning with a full body coconut exfoliation and an Indonesian Massage. This is followed by a body mask of herbs, roots and spices for either skin softening or muscle warming and healing effects.

Peace 2½ hours £110.00

A Full Body La Stone treatment and a Biodroga Aquamarine facial with Royal caviar

Indulgence 3 hours £130.00

A Hydradermie Facial with a Hydradermie Lift Express and an Aromatic Body Treatment

Glow 2¼ hours £105.00

A Matispa Sauna Cocoon wrap and a Matis Response Corrective Facial

Harmony 2 hours £100.00

Our Ayus Lomi Massage is a fascinating holistic spa treatment to boost your well being in a unique way, combining Ayurvedic principles and Hawaiian Lomi Lomi Massage. Exotic aromas, warm oil on your forehead and a nurturing, relaxing full body massage gives renewed energy, balance and strength to the whole being.

Choccie Heaven 2¼ hours £90.00

A Matispa Hot Foaming Cocoa wrap and Tamarind Chocolate Pedicure

Additional Luxury £15.00

A perfect finishing touch of strawberries and a glass of champagne.

Why not combine Essential treatments of your choice with a package for a complete Top to Toe Experience. Including a light lunch and refreshments. We can also provide joint packages such as his and hers, mother and daughter, best friends etc., whereby you have the choice of experiencing your treatments in a double treatment room. We are happy to tailor make any packages or courses of treatment to suit your specific needs.

Tamarind Gift vouchers offer the perfect gift solution – presented in a smart Tamarind gift box co-ordinated for men or women





THE BODY WRAPS

Matispa Hot Foaming Cocoa Wrap

80 mins £65.00

Characterised by its feather light 'chocolate mousse' texture and its exclusive anti-oxidant ingredients, this nurturing treatment is a feast for the senses. Includes salt exfoliation, relaxing massage, cocoa wrap and intensive hydration.

Matispa Sauna Cocoon Wrap

80 mins £65.00

An intensely relaxing treatment that consists of a crystal flower petal exfoliation, relaxing drainage massage and the application of a skin smoothing self-heating mask that envelops the body in a bath of soothing warmth

Guinot Aromatic Body Treatment

80 mins £65.00

A wrap to detoxify and firm the skin. Includes exfoliation, lymphatic drainage massage and application of a specific body mask to firm and tone

Biodroga Fitness Wrap

1 hour 40 mins £75.00

This body wrap is a great way to reduce those unwanted inches prior to a holiday or special occasion and is an ideal support to any diet or detox programme. The highly concentrated salt content of the mud/algae wrap eliminates dissolved waste products from the body, while simultaneously providing the body with valuable trace elements and minerals.

With all body wraps, a one off treatment is always a well deserved treat to kick start ourselves into smoothing, toning, firming, detoxifying and hydrating the skin and body, but for long lasting, effective results a course is recommended.





FOR HIM

Matis Male Facial 60 mins £45.00
Tank up your skin with a skin boosting, de stressing treatment including a skin boosting scrub and deep massage of the face and shoulders.

Guinot Hydradermie Facial 75 mins £46.00
A deep cleansing electrical treatment using gel based products tailor made to your skin type.

Tamarind Well Being Treatment 60 mins £45.00
Combine a 30 minute back neck and shoulder massage with a balancing facial cleanse and massage

Back Neck and Shoulder Massage 25 mins £25.00

Sports Massage 55 mins £40.00
25 mins £25.00
Tailor-made deep tissue massage to specifically work on tense muscles, prevent injury and the build up of toxins.

Back Waxing/ Chest Waxing 25 mins £25.00





We stock the following retail ranges:

Professional Classics: Guinot skincare, Matis skincare, Biodroga skincare. LCN hand, nail and footcare, St Tropez Tanning and Nora Bode Beauty Tox

Professional Organic Products for those who care about the environment: Tisserand Aromatherapy and Tri Dosha Ayurvedic Face and Body Preparations.

We can mail order any products to you if you have not got the time to visit the salon and browse. Ask for our latest newsletter for details of current promotions and special offers.

All our information is on our website: www.tamarindtherapies.co.uk





THE BEAUTY CLASSICS

BIODROGA – Aquamarine Facial with Golden Caviar 70 mins £46.00

Leave the hectic everyday routine behind you with our signature holistic facial.

An intensive soothing treatment including a manual micro-dermabrasion using fine ground aquamarine and quartz sand and a soothing hands-on massage of the face, neck, shoulders, scalp, hands and feet including cooled quartz crystals and warm basalt stones. This full facial will balance your skin's metabolism and leave muscles rested and relaxed.

MATIS – Response Corrective Facial 45 mins £46.00

This is an intensive wrinkle-correcting facial, including an AHA and BHA exfoliation to rejuvenate and soften fine lines and wrinkles, a shoulder massage and application of a calming, soothing corrective mask. A fantastic instant boost for the skin.

GUINOT FACIAL TREATMENTS

Hydradermie Lift Express 50 mins £46.00
Course of ten £414.00

The ultimate lifting facial. This is a high tech professional skincare treatment that tones the complexion, smoothes fine lines and wrinkles and refines the facial contour.

Hydradermie Facial 75 mins £46.00

A luxurious classic facial with a superior, world-wide reputation that is effective at deep cleansing, re-hydrating and rejuvenating the skin.

Hydradermie Facial with a Hydradermie Lift 1 hour 40 mins £75.00

Our most popular facial treatment – combine the full benefits of a deep cleansing facial with the instant results of an anti-ageing treatment.

Hydradermie Lift Yeux 45mins £40.00

A specialised treatment - to lift, tone and revitalise the delicate eye area. Gives an excellent instant result to tired, puffy eyes.

Aromatic Facial 60 mins £42.00

A blissful aromatherapy facial using a customised combination of plant extracts and essential oils to suit your skin's needs. This relaxing facial softens fine lines, restores balance and radiance and instils an overall feeling of well-being. Includes a hot stone shoulder massage.





THE SPECIALISED ANTI-AGEING TREATMENTS

OXYjet Beauty Tox Facial 75 min £80.00

Breathe new life into your skin with the natural no-needle, OXYjet Facial. This system uses oxygen to gently push high performance formulations and Beauty Tox into the skin via a pressured jet of oxygen. It improves fine lines and wrinkles, pigmentation, sun-damaged skin, loss of elasticity, acne and devitalised polluted skins. Beauty Tox is a natural alternative to Botox, and will gently reduce muscle contractions responsible for the formation of lines and wrinkles. Our patented machine delivers a full treatment including OXYjet to oxygenate the deep living basal layer of the epidermis, OXYspray to oxygenate the superficial layers of the epidermis, a collagen mask, stone massage of the shoulders and oxygen inhalation to revitalise the whole body.

Bio Brasion Microdermabrasion Facial 30 mins £47.00

Bio Brasion with OXYjet 90 mins £90.00

Bio Brasion microdermabrasion treatments have a huge celebrity following. The facial process involves using a controlled stream of crystals which are gently propelled onto the skin. At the same time, exfoliated skin cells and used crystals are hygienically vacuumed away revealing rejuvenated and renewed skin. An ideal treatment for scarring, fine lines and wrinkles, pigmentation, sun-damaged skin, uneven skin surfaces and stretch marks.

CACI Quantum – Non-Surgical Face and Body Lifting

Being the original non-surgical face and body lifting treatment, CACI offers a viable alternative to surgery. It smoothes and refines the appearance of fine lines, tightens and tones sagging muscles, gives a glowing youthful complexion, and on the body helps reduce unsightly cellulite, breaks down toxins, firms, shapes and contours.

A consultation is required for us to tailor-make a specific body improvement programme. A combination of toning, firming, contouring and lymphatic drainage treatments will give you your desired results.

CACI Facial 60 mins £46.00
Course of 10 £414.00

CACI with Oxyjet 90 mins £90.00

CACI Body 30 mins £30.00
Course of 10 £270.00





THE ESSENTIALS

Epil Pro Hair Removal Treatment

Per Minute	£1.50
Course of sixty minutes	£72.00
Epil Pro Lotion	£18.00

Epil Pro is the latest and safest in permanent hair removal technology. It is designed in such a way that sound energy travels precisely down the hair shaft, striking and disintegrating the papillary cells. For Guaranteed results it is important to follow your Therapists recommendations on the frequency of your treatments and the Epil Pro Lotion must be applied two days before and four days after each treatment.

WAXING TREATMENTS

Full Leg including bikini (<i>optional</i>)	30 mins	£27.00
Half Leg	20 mins	£18.00
Bikini or Underarms	15 mins	£10.00
Brazilian Wax	30 mins	£25.00
Lip and/or Chin	15 mins	£10.00
Arms	20 mins	£18.00
Back or Chest	20 mins	£25.00

EYE TREATMENTS

If you have never had an eyelash tint, a patch test is required 48 hours before your treatment.

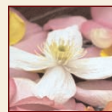
Eyelash Perm (including tint)	60 mins	£40.00
Eyelash Tint	20 mins	£14.00
Eyebrow Tint or Shape	15 mins	£10.00
Eyelash & Brow Tint	30 mins	£20.00

NAIL TREATMENTS

LCN Spa hand and nailcare brings a new concept in wellness experience for hands and feet. Beautiful natural ingredients such as water lily, white tea, orchid and aloe vera combine to desensitise, regenerate, soothe and moisturise the most abused hands and feet.

Tamarind LCN Spa Luxury Manicure or Pedicure 70 mins £45.00

This includes a coconut exfoliation, aromatherapy flower soak, and stone massage as well as our usual meticulous procedure.





Prescriptive Manicure or Pedicure Our natural nail programme tailor made to suit your requirements	50 mins £30.00
Express LCN Spa Manicure or Pedicure A quick fix tidy and polish	30 mins £20.00
Tamarind Signature Chocolate Pedicure Includes a chocolate soak, chocolate stone massage, and a piping hot chocolate – sheer sensory indulgence.	50 mins £30.00



Please bring open toe shoes for after your pedicure treatment

SELF-TANNING TREATMENTS

St Tropez – The ultimate Self-Tanning Treatment

Full Body Application

60 mins £45.00

Legs Only

30 mins £35.00

We also offer Guinot and Matis self tanning treatments for the same prices listed above.

MAKE-UP

Ask us about our wedding packages.

